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# University of Pretoria Yearbook 2018

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## Foundations of sports coaching sciences 111 (YCS 111)

**Qualification** Undergraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 12.00

**Contact time** 3 lectures per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Biokinetics and Sports Science

**Period of presentation** Semester 1

### Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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